

TRANSITION WORK



PSYCHOLOGY AND PSYCHOLOGY BTEC

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The following tasks are designed to give you an insight into psychology and some of the topics that will be covered during the first year of the course.

Reading list (books / academic articles / journals etc)

[If you have an interest in bizarre disorders you may want to try reading :](#)

The Man Who Mistook His Wife for a Hat (Picador Classic)

by Oliver Sacks | 2 Sep 2011

- **Publisher:** Picador; Reprints edition (2 Sept. 2011)
- **Language:** English
- **ISBN-10:** 0330523627
- **ISBN-13:** 978-0330523622

[This book explores the human brain from a more medical perspective:](#)

Reaching Down the Rabbit Hole: Extraordinary Journeys into the Human Brain

by Allan Ropper , Brian David Burrell

- **Publisher:** Atlantic Books; Main edition (7 Jan. 2016)
- **Language:** English
- **ISBN-10:** 1782395504
- **ISBN-13:** 978-1782395508

[This book explores the case study of Clive Wearing, who lost all personal memories](#)

Forever Today: A Memoir of Love and Amnesia (Paperback)

by Deborah Wearing

- **Publisher:** Corgi; New Ed edition (17 Sept. 2005)
- **Language:** English
- **ISBN-10:** 0552771694
- **ISBN-13:** 978-0552771696

[AQA A Level Psychology Specification](#)

You should know what topics are included in the course and the expectations of the exam board. Download a copy of the specification [here](#)

[British Psychological Society \(BPS\) PsychCrunch Podcasts](#)

There are currently 20 Podcasts on various areas of psychology. Follow the link [here](#) then choose which ones most interest you.

[BPS Research Digest](#)

Follow the link [here](#) to access a roundup of fairly current research in psychology. It is a very interactive site where you can link to many other pages and sites

Documentaries



Watch and listen. Watch the following 3 TED talks on mental health, summarising the key points in writing after each one

Mental health TED talk about mental health. Summarise some of the key points highlighted in this talk. [What's so funny about mental health?](#)

Mental health TED talk about stress Summarise some of the key points highlighted in this talk. [The science of stage fright and how to overcome it](#)

Mental health TED talk about causes for depression and anxiety. Summarise some of the key points highlighted in this talk. [This is why you could be depressed or anxious](#)



Watch the following Ted talk on memory

Memory TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and **make your own notes**. [How reliable is your memory?](#) TED Talks – Elizabeth Loftus

Written work required

Research



- o What is psychology?
- o What different types of psychologists are there?
- o What is the difference between psychology, criminology and forensic psychology?

[What is psychology?](#)

[Becoming a psychologist](#)

Research Task

Mental health

Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings:

- 1) Emotional, 2) Behavioural 3) Cognitive characteristics.

Research Task

Memory

What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content. [Eyewitness Testimony](#) *Simply Psychology*